



Laura J. Lewis, M.A., LPCC-S

License Professional Clinical Counselor & Supervisor (License #E. 1000102SUPV)
2029 Riverside Dr., Suite 201 * Columbus, OH 43221 * Ph: (614) 398-3772 * laurajlewiscounseling.com

INFORMED CONSENT FOR PARTICIPATING IN TELEMENTAL HEALTH TREATMENT

Email: If you need to email me, please use the secure email system in Therapyappointment.com (TA) rather than your personal email account. In order to protect your privacy and the confidential nature of our work, I will not respond to personal and clinical concerns via regular email. Any computer files referencing our communication are maintained using secure and encrypted measures. If you wish to use email via TA as a way to “journal” information between sessions, please remember that I may not have the opportunity to review your journal emails until our next scheduled session.

Phone: If you call me, please be aware that unless we are both on land line phones, the conversation may not be confidential. I do not communicate through text messages as that is also not confidential.

Online Counseling: Therapeutic online sessions may be offered to you and delivered via VPCare360 which is system that is secure and HIPPA compliant with telemental health requirements and integrates with Therapyappointment.com. If at any time you are uncomfortable with online therapy, please let me know. If we are working together in this way, please prepare for the following before each appointment in order to create a similar atmosphere to that of conducting face-to-face therapy in my office

- Please use a computer that you know is safe, i.e. wherein confidentiality can be ensured.
- Consider who might have access to your computer, sound, and electronic information from your location. This would include family members, co-workers, supervisors and friends.
- Set up in a quiet, confidential space where you can feel free to openly and freely communicate. Take into consideration how others around you might be able to see or hear the session and avoid public settings.
- Please position the computer where you can be easily seen and heard considering light and angle of the camera.
- Please eliminate distractions like cell phones, texting, pets, etc.
- You are not permitted to share log-on information and links with others.
- It is not a typical standard practice to record counseling sessions (permission must be granted).
- Be sure to fully exit out of our session at the conclusion of our time together.
- If we are unable to connect or are disconnected during a session due to a technological breakdown, please try to reconnect within 10 minutes. If reconnection is not possible, email me via TA or call 614-398-3771 to schedule a new session time.

Telemental Health Payments: For online counseling sessions I will be unable to accept cash, check, or other forms of online payment (i.e. Venmo, Zelle), so please plan accordingly. Payment for sessions is done through a new credit card management system in Therapyappointment.com which maintains credit/debit/HAS/FSA information that will be encrypted and held safely. We will run this card at the conclusion of our session (after giving me your number once you won’t need to do so again). If you’d like to use differing credit/debit cards, please alert me in advance.

Adult/Student Client Signature

Date

If Client is a Minor, Client Parent/Guardian Signature

Date

Laura J. Lewis, M.A., L.P.C.C.-S

Date